

HARMANPREET KAUR

647-208-2422



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4 Warrington Court ,Brampton



SUMMARY

A creative recreation therapist who is dedicated about using fun and therapeutic activities to improve well-being. Skilled about creating individualized programs, evaluating the requirements of clients, and cultivating relationships to promote mental, emotional, and physical well-being. competent in creating meaningful leisure experiences by partnering with multidisciplinary teams and working with a variety of populations.

EDUCATION

Lambton College, Mississauga

Diploma in Recreation therapy
2023- 2024

Guru Teg Bahadur School, Punjab,India

High School
2010- 2023

SKILLS

- Excellent interpersonal and communication abilities to interact with patients and work with medical teams.
- Compassion and empathy while interacting with people from diverse backgrounds and skill levels. Inventiveness in creating fun and flexible leisure activities.
- leadership abilities to inspire people and direct group activities.
- Problem-solving skills to handle issues and change programs.

CERTIFICATIONS

- **Gentle Persuasion Approach for Dementia Patients (GPA):** July 2024
- **High Five Certificate :**July 2024
- **Standard First Aid and CPR level C:** Oct 2023
- **Food Handler Certificate:** Oct 2023

REFERENCES

- **Melissa Vuong:** 905.615.3207 ext 105 (administration@aacmiss.ca]]
- **Pawanpreet Kaur:** 365-778-5820
- **Vashtiramnarine:**vashti35@yashoo.com)

PROFESSIONAL EXPERIENCE

Recreation Therapist-Volunteer

Active Adult Center of Mississauga , Mississauga (2024)

- Activity planning and facilitation: planning and directing leisure pursuits that enhance social, mental, and physical health.
- Assessing clients' needs, interests, and talents in order to create individualized recreation plans .
- Developing and carrying out organized leisure activities that are suited to the objectives of clients.
- Using exercises to improve memory, mobility, physical strength, and cognitive function.
- Using Point Click Care effectively to develop the best recreational plans for the clients.

Sales Associate

Globo Shoes- Bramalea City Center (2023-2024)

- Make product recommendations and shoe fit, style, and functionality suggestions.
- Assist customers with shoe fitting and sizing.
- Respond to customer inquiries and complaints professionally.
- Discuss sales, promotions, and loyalty rewards that are active.
- Upsell extras like socks, insoles, and shoe protection items.
- Assist in achieving individual and store sales targets.
- Restock merchandise and maintain product displays appealing.
- Maintain back stock efficiently.

Clinic Administrator

Green Meadows Rehab Clinic , Mississauga (2024-Present)

- Managing clinic resources, staff schedules, and appointments effectively.
- properly managing payments, insurance claims, and invoicing.
- Ensuring that the clinic complies with safety requirements, privacy laws (including HIPAA), and healthcare regulations.
- Utilizing universal clinic software to update and maintain patient records.
- Resolving patient issues, raising satisfaction levels, and sustaining a friendly atmosphere.
- Managing clinic spending plans, keeping costs under line, and maximizing financial results.