

Gurpreet Kaur

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Personal Support Worker (PSW)

### **Professional Summary**

Compassionate and dedicated Personal Support Worker with hands-on experience at West Park Healthcare Centre. Holds a strong academic background in healthcare and Human Resources Management, combined with prior professional experience in banking. Committed to delivering high-quality, respectful, and client-focused care. Seeking a PSW position where I can continue supporting individuals in a compassionate and professional healthcare environment.

### **Placement Experience**

Personal Support Worker – Placement

West Park Healthcare Centre, Toronto, ON

Oct 2024 – Apr 2025

- Provided hands-on support with activities of daily living, personal hygiene, and mobility
- Maintained a safe and clean environment in line with infection control practices
- Supported nursing staff by monitoring and documenting patient conditions
- Built positive relationships with clients and team members to ensure quality care
- Placement supervised by Kennecia and Althea Smith, Line 2 – Humber North

### **Education**

Personal Support Worker Certificate

Fleming College – Toronto Campus

Completed: April 2025

Postgraduate Certificate – Human Resources Management

Cambrian College – Toronto Campus

Completed: April 2024

### **Key Skills**

- Patient-Centered Care
- Communication & Teamwork

- Personal Hygiene & Mobility Assistance
- Vital Signs Monitoring
- Cultural Sensitivity
- Documentation & EMR (PointClickCare)
- Customer Service

### **Certifications**

- CPR & First Aid
- WHMIS
- Gentle Persuasive Approaches (GPA)
- Dementia Care

### **Work Experience**

Personal Support Worker – Live-in  
ComForCare Home Care, Richmond Hill, ON  
May 2025 – Present

- Assisted client with personal care, including bathing, grooming, and toileting
- Experienced in using breathing equipment like BiPAP and coughing assist machines
- Provided safe transfers using mechanical lifts and proper body mechanics
- Prepared meals and monitored medication as per care plan
- Maintained a clean and safe living environment with dignity and compassion