

Gurpreet Kaur Dhaliwal

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PROFESSIONAL SUMMARY

Experienced nursing professional providing quality care to patients in variety of medical settings. Delivers excellent communication and task prioritization skills for effective patient care coordination. Proven ability to stay organized and prioritize tasks in fast-paced environment.

SKILLS

- Time Management
- Patient-focused care
- Empathy and Compassionate Care
- Catheter Care
- Bedsore Prevention
- Oral Hygiene
- Emotional and Social Support
- Tube feedings and medications familiarity
- Supply Restocking
- EMR Updating
- Observing responses
- Data Entry
- Critical Thinking
- Document Management
- Patient Care
- Supporting personal needs
- Patient Positioning
- Mobility Assistance
- Vital signs monitoring
- Blood Sugar Monitoring
- Infection Control
- Output Monitoring and Reporting
- Patient relationship building
- Dementia and Alzheimer's knowledge
- Calm Under Stress
- Microsoft Office
- Teamwork and Collaboration

WORK HISTORY

HEALTH CARE ASSISTANT | 06/2021 to 08/2024

Home Care Assistance Corporation - Vancouver, BC

- Assisted with patient hygiene, physical comfort, eating, and drinking, and mobility while observing and reporting specific changes.
- Reduced risk of infections by adhering to strict hygiene protocols during all aspects of care delivery.
- Observed patient skin conditions and reported findings to registered nurse.
- Maintained clean environment with due consideration to health and safety issues and infection control policy.
- Enhanced patient comfort by providing personal care services such as bathing, grooming, and toileting assistance.
- Cultivated strong relationships with patients and families, fostering an environment of trust and open communication that facilitated better healthcare experiences.

- Arranged bedding and cushions to enhance patient comfort in bed and chairs.
- Supported nursing staff with care of incontinent patients and promotion of continence care.
- Increased patient safety by promptly addressing concerns and reporting incidents or potential hazards to supervisory staff.
- Delivered high standard of holistic care to patients to promote equality and dignity.
- Helped patients with self-feeding and assisted feeding, based on individual needs.

HEALTH CARE ASSISTANT | 04/2020 to 03/2021

Home Care Assistance Corporation - Montreal, QC

- Assisted with patient hygiene, physical comfort, eating, and drinking, and mobility while observing and reporting specific changes.
- Reduced risk of infections by adhering to strict hygiene protocols during all aspects of care delivery.
- Observed patient skin conditions and reported findings to registered nurse.

STAFF NURSE | 04/2012 to 01/2016

Guru Teg Bahadur Charitable Hospital - Ludhiana, Punjab, India

- Worked in a Emergency OPD and Ward. Able to assess patient's condition to identify appropriate nursing interventions.
- Able to perform nursing interventions such as vital signs, oxygen administration, nebulization, applying aseptic techniques including sterile dressing, ensuring infection control, monitoring nutritional intake.
- intravenous infusions , intramuscular and subcutaneous injections and blood transfusions.
- assisting the physician during procedures such as CPR, ET intubation, major dressings and many other interventions.
- Operate or monitor medical equipments or machines.

STAFF NURSE | 10/2010 to 09/2011

Ludhiana Mediways - Ludhiana Punjab, India

- Administered medications via oral, IV, and intramuscular injections and monitored responses.
- Performed various nursing interventions such as wound dressing, vital sign monitoring, and specimen collection.
- Assessed physical, psychological, physiologic, and cognitive status of patients.
- Monitored patients' conditions and reported changes in physical presentation, appearance, and behavior to discuss treatment with physicians.
- worked as ICU nurse at Ludhiana mediways hospital. Able to work with ventilators and efficient to provide critical care for clients.

EDUCATION

Swami Devi Dyal College of Nursing - Barwala, Panchkula, India | Bachelor of Science Nursing, 09/2010

LANGUAGES

English	French
Punjabi	Hindi

PAINTING, READING BOOKS, TRAVELLING,CYCLING

I like painting in my free time. I love reading novels or story books, I love travelling historic cities or old monuments. i love to visit Paris and Quebec City.
Cycling is a good exercise.