

ADEDOYIN BALOGUN

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OBJECTIVE

Dedicated health care worker passionate about helping others live fulfilling lives by providing personal assistance and care in managing various health-related conditions. Knowledgeable about managing medications, appointments and social events. Well Organized and compassionate with good relationship-building abilities.

PROFESSIONAL SKILLS

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| ■ Patient care | ■ Coordination |
| ■ Client relationship management | ■ Self-directed |
| ■ Meal planning | ■ Household organization |
| ■ Patient chart documentation | ■ Client satisfaction |
| ■ Medication administration | |

RELEVANT WORK EXPERIENCE

CarePartners, ON

2019 - Present

Personal Support Worker

- Ensuring the fulfillment of individual goals and needs as instructed in the client's support plans.
- Helping clients with leisure activities.
- Assisting and satisfying the social and emotional needs of a client.
- Documenting and recording daily care reports which may include resident incident reports, restraint monitoring, and medication administration.
- Adhering to the Occupational Health and Safety Regulations set by the province or territory.

Community Living Mississauga

2023 - 2024

Developmental Services Worker

- Establish respectful relationships with individuals which recognize their rights as citizens; and promote their dignity and well-being.
- Promote and demonstrate the values of the organization in the workplace and in

the community.

- Assist individuals to develop informed decision-making skills and exercise choices.
- Facilitate the development of social networks, lifestyles for people, promoting the involvement of family, community groups, employers and others in the community.
- Support individuals to participate in the cultural, recreational, educational activities and affairs of the community.
- Provide support in the home, ensuring a clean, safe and enhancing environment.
- Plan and prepare nutritional meals, administer medication and assist with personal care as necessary.

Radiance Healthcare Services, ON

Jan - May, 2022

Developmental Services Worker

- Supporting clients with their activities.
- Ensuring the health, safety, welfare, and independence of clients
- Assisting and satisfying the social and emotional needs of a client
- Documenting and recording daily care reports as are required.

Kipling Acres Long-Term Care Home, ON

2016 - 2019

Support Worker

- Provides residents with quality care while considering their social, emotional and physical.
- Assisting seniors with feeding during mealtimes.
- Assists with turning and repositioning clients to prevent skin breakdown.
- Assists in performing light housekeeping, changing linens and making up the bed.

Cawthra Gardens Long-term Care Community, ON

2015

Personal Support Worker

- Perform direct patient care, assistance with limitations - toileting, personal hygiene, nutrition, activities of daily living.
- Assisting with patient turns, mobilization and transport by being sensitive and empathetic to the needs of the residents.
- Actively participating and reporting condition changes.
- Diligently practice good sanitation and sterile techniques to avoid infection and the spread of contagious illness.
- Consistently exercise tact and diplomacy in dealing with residents, families and visitors.
- Advocating and participating in maintenance of resident's skin integrity.
- Anticipated and provided assistance with feeding, mobility, bathing, grooming, personal hygiene, toileting and incontinence care of Dementia and Alzheimer's clients in the community settings.

Rotad Clinic, Nigeria.

2009 - 2011

Support Worker

- Provided patients with personal care, hygiene, and physical assistance.
- Charted daily information on the residents such as mood changes, mobility activity and daily input and output of daily care plans.
- Provided patients with compassionate care and minimize pain or discomfort while caring for them during bedpan change, hygiene routine or emptying drainage bags.

EDUCATION/CERTIFICATION

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| ■ Crisis Prevention Intervention | 2024 |
| ■ CLI College of Business Health & Tech. (DSW) | 2022 |
| ■ Applied Behaviour Analysis | 2023 |
| ■ N95 Mask Fit Training | 2023 |
| ■ Food Handling certificate | 2023 |
| ■ CPR for Health Care Professional's certificate | 2023 |
| ■ Registered certified personal support worker | 2015 |
| ■ Higher National Diploma - Mass Communication | 2008 |

PROFESSIONAL DEVELOPMENT

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| ■ WHIMS Certificate (www.aixsafety.com) | 2023 |
| ■ Worker health and safety Awareness (Min. of Labour) | 2023 |
| ■ Violence in Workplace Awareness (CCOHS) | 2023 |