

# Charnjit kaur

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## **Professional Summary**

Compassionate, recently passed RN exam from New York state, I have 17 + years of Indian experience as a RN & Canadian health care experience with North Minto Residence nearly 2 years. Interdisciplinary collaboration and cultural practice fluent in English, Punjabi & Hindi.

## **Licenses & Certification**

- Registered nurse - waiting for my licenses from New York
- First aid & CPR
- Health care aid certification

## **Professional experience**

- Health care aide with North Minto Residence (Fredericton) from Aug, 2023 to Aug, 2025.
- Delivered personal care, hygiene support, and companionship to seniors in a
- long-term care setting.
- Assisted with transfers, mobility, feeding, and medication reminders.
- Maintained accurate documentation and followed safety protocols.
- Supported activities of daily living (ADLs), medication monitoring.
- Assisted with bathing, grooming, mobility, and daily health monitoring.
- Built strong patient-family relationships through respectful and compassionate care

**Registered nurse EMC hospital Amritsar, Punjab, India. 2003 to 2006**

- Worked in medical, emergency, and surgical departments in a high-volume hospital.
- Administered IV/oral medications, monitored post-op patients assisted with procedure ,operation theater, ICU and labour room.
- Maintained reports and trained junior nursing staff and maintained infection control.

**Register nurse government hospital fatehgarh sahib punjab india 2007-2023**

- Delivered nursing care in maternity, pediatric, and geriatric units.
- Conducted wound care, vital signs monitoring, and medication administration.
- Educated patients and families on treatment and recovery processes
- Assessed in the operation theater and attended to emergency patients.
- Maintained all files recorded and updated from time to time.

**Education**

- **Health care aid certification** - From department of post secondary education training and labour, new brunswick (canada) on 2025-02-06
- **Diploma in General nursing and midwifery** - SGTB nursing collage 1999 - 2003
- **Caregiver (nani program)** - from goodwill infinity group chandigarh (june 2004 to december 2004)
- **First aid and CPR/AED - from canadian red cross** issue date - 2024/05/06 expiry date 2027-05-06
- **Senior secondary school (grade 6-12)** - India - completed 1997

**Reference**

Available on request.