

# Sarath Sudesan Rucy

1030 leedale ave P3G1B8  
7059231951 | sarathambu3@gmail.com

## Objective

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Passionate Developmental Services Worker dedicated to empowering individuals with developmental disabilities. Skilled in providing respectful support, promoting life skills, and enhancing social inclusion in diverse community settings.

## Experience

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- **Extencare Countryside** March - Onwards  
Activity Aide
  - Assisted with daily living activities, promoting dignity, independence, and quality of life.
  - Supported recreational activities and social engagement programs.
  - Conduct programs
  - Charting
- **Adele Samson Centre** 17/10/2025 - 11/12/2025
  - Assisted clients with meals and safe feeding
  - Supported daily program and recreational activities
  - Helped clients with mobility and participation
  - Communicated respectfully with clients and staff
  - Maintained a positive and safe environment

## Education

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- **Cambrian college** September 2024 onwards  
Developmental service worker

## Skills

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- Strong communication and active listening skills
- Compassionate and person-centered support
- Positive behavior management techniques
- Personal care assistance (feeding, hygiene, mobility)

## Interests

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- Supporting mental health and emotional well-being
- Supporting Advocacy for accessibility and human rights
- Participating in recreational and social activities with individuals
- Volunteering in community events and special needs programs

## Additional Information

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- Access to a reliable vehicle
- Valid Ontario G driving license
- Willing to travel for work and community outings

## Availability

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- Monday - full time
- Tuesday - full time
- Wednesday - full time
- Thursday - full time
- Friday - full time

## Certificates

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- TB vaccination and all other vaccinations are done  
First Aid and CPR Certificates  
Food handling Certificates