

## **Amrinder Singh**

Belleville, ON • K8P 4C2

Email: amrinder191299@gmail.com | Phone: 905-872-6539

### **Professional Summary**

Compassionate Personal Support Worker with experience in long-term care and retirement homes. Skilled in personal care, health monitoring, emotional support, and maintaining client dignity and safety.

### **Skills**

- Personal care & hygiene support
- Health monitoring & documentation
- Emotional support & companionship
- Meal preparation & feeding assistance
- Medication handling (pharmacy background)
- Infection prevention & safety
- Client relationship building

### **Experience**

#### **Personal Support Worker (Casual)**

Kentwood Park Long Term Care, Picton, ON

- Assisted residents with ADLs, mobility, and personal hygiene.
- Supported feeding, repositioning, and comfort measures.
- Monitored behavioural and physical changes and reported to nursing staff.

#### **Personal Support Worker (Placement)**

Belmont Long Term Care, Belleville, ON — 236 hours

- Assisted with ADLs and personal hygiene.
- Monitored and reported changes in behaviour and health.
- Provided companionship and emotional support.

#### **Personal Support Worker (Placement)**

Livita Bridge Street Retirement Home, Belleville, ON — 96 hours

- Supported meal prep and assisted clients with eating.
- Maintained cleanliness and completed documentation.
- Built positive rapport with clients and families.

### **Pharmacist**

Dhir Hospital / Phull Neuro Hospital, Punjab

- Reviewed and dispensed prescriptions.
- Counseled patients on medication safety.
- Managed inventory and medication records.

### **Education**

Personal Support Worker Certificate – Loyalist College, Belleville

Jan 2025 – Aug 2025

Diploma, Healthcare Administration – Canadore College, Brampton

Jan 2024 – Sep 2024

Diploma, Pharmacy – Govt. Medical College, Patiala

2018 – 2020

### **Certifications**

First Aid & CPR • BLS • WHMIS • AODA • GPA • Workplace Violence & Harassment

### **Languages**

English • Hindi • Punjabi