

# Amrinder, Kaur, BScN, RN

Brampton, ON

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## HIGHLIGHT OF QUALIFICATIONS

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Registered Nurse with extensive experience spanning over a decade in diverse healthcare settings, including cardiology, NICU, emergency, and community health in India, as well as personal support work in Canada. I am proficient in pediatric care, emergency response, and mental health support, with certifications in BLS, ACLS, PALS, and CPR/AED. Dedicated to enhancing healthcare outcomes for diverse populations through culturally competent care and effective team collaboration.

## CLINICAL SKILLS

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- Blood product administration
- Central lines: PICC, Port-a-Cath
- Chest tubes
- Feeding pumps
- G/J tubes: care and maintenance
- IV initiation and maintenance
- IV pumps
- Medication administration: PO, SC, IM, IV, NG/NJ/G/J tubes
- NG tubes: insertion, care, maintenance
- Pain management: acute and chronic
- Tracheostomy care
- Urinary catheterization: male and female
- Venipuncture
- Wound care: simple and complex, pressure ulcers, dressing changes, debridement

## WORK EXPERIENCE

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### Registered Nurse – On Call

Apr 2025-present

*Appletree Dental, Newmarket ON*

- Prepared and organized surgical equipment and medications, ensuring sterility, functionality, and seamless procedural readiness while improving inventory management practices.
- Conducted detailed preoperative assessments, identified patient-specific risks, and enhanced safety protocols, strengthening skills in patient evaluation and communication.
- Developed advanced proficiency in IV insertion, medication administration, and patient monitoring, ensuring accurate care and addressing complications effectively during sedation.
- Supported surgical teams during procedures by maintaining a sterile environment, anticipating needs, and providing comprehensive postoperative care, including discharge instructions and follow-ups.

**Personal Support Worker**

Nov 2022-Mar 2025

*Helping Hands Senior Care, Winnipeg, MB*

- Provided personal care services, including bathing, grooming, dressing, and toileting, while maintaining clients' dignity, independence, and comfort.
- Utilized assistive devices such as mechanical lifts, wheelchairs, and walkers to ensure safe transfers and mobility support for clients with varying needs.
- Monitored and documented vital signs, promptly reporting changes to healthcare professionals, and adhered to strict infection control protocols to maintain a safe environment.

**Community Health Officer (Registered Nurse)**

Mar 2019-Sept 2022

*Government Civic Hospital, Mohali, Punjab, India*

- Delivered primary healthcare services to rural and underserved populations, addressing acute, chronic, and mental health conditions while promoting early intervention.
- Organized community health programs, including health screenings and mental health awareness campaigns, to improve health outcomes and reduce stigma.
- Collaborated with social workers and therapists to develop and implement community-based healthcare initiatives tailored to local needs.

**Emergency Department (Registered Nurse)**

July 2013-Feb 2019

*Government Civic Hospital, Kharar, Punjab, India*

- Provided emergency care for patients with acute medical, cardiac, and trauma conditions, performing triage, administering medications, and stabilizing critical cases.
- Assisted in Advanced Cardiac Life Support (ACLS) protocols and trauma management, ensuring timely interventions in high-pressure situations.
- Maintained accurate patient records, adhered to infection control protocols, and collaborated with multidisciplinary teams to deliver effective treatments.

**NICU (Registered Nurse)**

Sept 2011-June 2013

*Max Hospital, Mohali, Punjab, India*

- Monitored and managed critically ill neonates, including preterm infants and those with respiratory distress or sepsis, using advanced equipment and life-saving interventions.

- Administered medications, IV fluids, and blood transfusions while responding to neonatal emergencies such as apnea and hypoglycemia.
- Educated parents on newborn care, breastfeeding techniques, and recognizing early signs of complications to support family-centered care.

**Clinical Instructor**

Apr 2010-Aug 2011

*Rayat Bahara Institute, Mohali, Punjab. India*

- Taught and mentored nursing students in theoretical and practical nursing concepts, ensuring adherence to clinical protocols and safety standards.
- Supervised students during clinical rotations, providing hands-on training in patient care and fostering professional growth.
- Delivered lectures on core nursing subjects, including pharmacology and anatomy, while evaluating student performance through assessments and feedback

**NICU (Registered Nurse)**

Jan 2006-Dec 2007

*Max Hospital, Mohali, Punjab. India*

- Provided specialized care to neonates in a high-acuity NICU, managing preterm infants and those with congenital anomalies or infections.
- Operated advanced equipment like ventilators and CPAP machines, ensuring optimal respiratory outcomes for critically ill newborns.
- Counseled families on neonatal care, offering emotional support and education on managing preterm or critically ill infants.

## EDUCATION & LICENSURE

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**BScN RN**

Jan 2008 – Nov 2009

*University College of Nursing, Faridkot, Punjab. India*

**General Nursing & Midwifery**

Oct 2002- Sept 2005

*Sri Guru Ram Dass, Hoshiarpur, Punjab. India*

**College of Nurses of Ontario**

Jan 2025 – present

25984659 - General class, in good standing.

## CERTIFICATIONS

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Advanced Cardiac Life Support ( <b>ACLS</b> )	March 2025
Basic Life Support ( <b>BLS</b> )	March 2025
CPR and First Aid	August 2023
Mask Fit Testing	March 2025
Pediatric Advanced Life Support ( <b>PALS</b> )	March 2025

## ADDITIONAL INFORMATION

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### **Health & Safety Compliance**

- Fully vaccinated against Tdap, MMRV, Hepatitis A/B
- Negative TB result confirmed via chest X-ray
- Fully vaccinated with 3 doses of COVID-19 vaccine
- N95 Mask Fit Testing completed
- Completed Worker Health and Safety Awareness certification
- Completed WHMIS certification