

Amrinder, Kaur, BScN, RN

Brampton, ON

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HIGHLIGHT OF QUALIFICATIONS

Registered Nurse with extensive experience spanning over a decade in diverse healthcare settings, including cardiology, NICU, emergency, and community health in India, as well as personal support work in Canada. I am proficient in pediatric care, emergency response, and mental health support, with certifications in BLS, ACLS, PALS, and CPR/AED. Dedicated to enhancing healthcare outcomes for diverse populations through culturally competent care and effective team collaboration.

CLINICAL SKILLS

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| • Blood product administration | • Medication administration: PO, SC, IM, IV, NG/NJ/G/J tubes |
| • Central lines: PICC, Port-a-Cath | • NG tubes: insertion, care, maintenance |
| • Chest tubes | • Pain management: acute and chronic |
| • Feeding pumps | • Tracheostomy care |
| • G/J tubes: care and maintenance | • Urinary catheterization: male and female |
| • IV initiation and maintenance | • Venipuncture |
| • IV pumps | • Wound care: simple and complex, pressure ulcers, dressing changes, debridement |

WORK EXPERIENCE

Registered Nurse – On Call

Apr 2025-present

Appletree Dental, Newmarket ON

- Prepared and organized surgical equipment and medications, ensuring sterility, functionality, and seamless procedural readiness while improving inventory management practices.
- Conducted detailed preoperative assessments, identified patient-specific risks, and enhanced safety protocols, strengthening skills in patient evaluation and communication.
- Developed advanced proficiency in IV insertion, medication administration, and patient monitoring, ensuring accurate care and addressing complications effectively during sedation.
- Supported surgical teams during procedures by maintaining a sterile environment, anticipating needs, and providing comprehensive postoperative care, including discharge instructions and follow-ups.

Personal Support Worker

Nov 2022-Mar 2025

Helping Hands Senior Care, Winnipeg, MB

- Provided personal care services, including bathing, grooming, dressing, and toileting, while maintaining clients' dignity, independence, and comfort.
- Utilized assistive devices such as mechanical lifts, wheelchairs, and walkers to ensure safe transfers and mobility support for clients with varying needs.
- Monitored and documented vital signs, promptly reporting changes to healthcare professionals, and adhered to strict infection control protocols to maintain a safe environment.

Community Health Officer (Registered Nurse)

Mar 2019-Sept 2022

Government Civic Hospital, Mohali, Punjab, India

- Delivered primary healthcare services to rural and underserved populations, addressing acute, chronic, and mental health conditions while promoting early intervention.
- Organized community health programs, including health screenings and mental health awareness campaigns, to improve health outcomes and reduce stigma.
- Collaborated with social workers and therapists to develop and implement community-based healthcare initiatives tailored to local needs.

Emergency Department (Registered Nurse)

July 2013-Feb 2019

Government Civic Hospital, Kharar, Punjab, India

- Provided emergency care for patients with acute medical, cardiac, and trauma conditions, performing triage, administering medications, and stabilizing critical cases.
- Assisted in Advanced Cardiac Life Support (ACLS) protocols and trauma management, ensuring timely interventions in high-pressure situations.
- Maintained accurate patient records, adhered to infection control protocols, and collaborated with multidisciplinary teams to deliver effective treatments.

NICU (Registered Nurse)

Sept 2011-June 2013

Max Hospital, Mohali, Punjab, India

- Monitored and managed critically ill neonates, including preterm infants and those with respiratory distress or sepsis, using advanced equipment and life-saving interventions.

- Administered medications, IV fluids, and blood transfusions while responding to neonatal emergencies such as apnea and hypoglycemia.
- Educated parents on newborn care, breastfeeding techniques, and recognizing early signs of complications to support family-centered care.

Clinical Instructor

Apr 2010-Aug 2011

Rayat Bahara Institute, Mohali, Punjab. India

- Taught and mentored nursing students in theoretical and practical nursing concepts, ensuring adherence to clinical protocols and safety standards.
- Supervised students during clinical rotations, providing hands-on training in patient care and fostering professional growth.
- Delivered lectures on core nursing subjects, including pharmacology and anatomy, while evaluating student performance through assessments and feedback

NICU (Registered Nurse)

Jan 2006-Dec 2007

Max Hospital, Mohali, Punjab. India

- Provided specialized care to neonates in a high-acuity NICU, managing preterm infants and those with congenital anomalies or infections.
- Operated advanced equipment like ventilators and CPAP machines, ensuring optimal respiratory outcomes for critically ill newborns.
- Counseled families on neonatal care, offering emotional support and education on managing preterm or critically ill infants.

EDUCATION & LICENSURE

BScN RN

Jan 2008 – Nov 2009

University College of Nursing, Faridkot, Punjab. India

General Nursing & Midwifery

Oct 2002- Sept 2005

Sri Guru Ram Dass, Hoshiarpur, Punjab. India

College of Nurses of Ontario

Jan 2025 – present

25984659 - General class, in good standing.

CERTIFICATIONS

Advanced Cardiac Life Support (ACLS)	March 2025
Basic Life Support (BLS)	March 2025
CPR and First Aid	August 2023
Mask Fit Testing	March 2025
Pediatric Advanced Life Support (PALS)	March 2025

ADDITIONAL INFORMATION

Health & Safety Compliance

- Fully vaccinated against Tdap, MMRV, Hepatitis A/B
- Negative TB result confirmed via chest X-ray
- Fully vaccinated with 3 doses of COVID-19 vaccine
- N95 Mask Fit Testing completed
- Completed Worker Health and Safety Awareness certification
- Completed WHMIS certification