

**Amarvir Kaur**

**Brampton, ON**

[amarvirbatth@gmail.com](mailto:amarvirbatth@gmail.com)

647-540-3297

## **Work Experience**

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### **Licensed Practical Nurse**

*Accela Staff Inc. Mississauga, ON*

*December 2021 to Present*

- Provide nursing services, within defined scope of practice, to patients based on patient assessment and care planning procedures
- Perform nursing interventions such as taking vital signs, applying aseptic techniques including sterile dressing, ensuring infection control, monitoring nutritional intake and conducting specimen collection
- Administer medication and observe and document therapeutic effects
- Provide pre-operative and post-operative personal and comfort care
- Monitor established respiratory therapy and intravenous therapy
- Monitor patients' progress, evaluate and document effectiveness of nursing interventions and collaborate with appropriate members of health care team
- Provide safety and health education to individuals and their families.

### **Personal Support Worker**

*Woodbridge Vista Care Community - Vaughan, ON*

*February 2021 to December 2021*

- ❖ Assisting with personal care: bathing and grooming, dressing, toileting, and exercise
- ❖ General health care: overseeing medication and prescriptions usage, appointment reminders and administering medicine
- ❖ Mobility assistance: help with getting in and out of a wheelchair, car, or shower
- ❖ Personal supervision: providing constant companionship and general supervision
- ❖ Emotional support: being a stable companion and supporter in all matters personal, health-related, and emotional
- ❖ Care for the elderly: orienting or grounding someone with Alzheimer's disease or dementia, relaying information from a doctor to family members
- ❖ Health monitoring: following a care plan and noticing any changes in the individual's health, recording, and reporting any differences.

### **Home Support Worker**

*Home Instead Senior Care - Etobicoke, ON*

*February 2020 to February 2021*

- ❖ Anticipated and aided with feeding, mobility, bathing, grooming, personal hygiene, toileting, and incontinence care of Dementia and Alzheimer's clients in the community settings.
- ❖ Coordinated and assisted elderly patients in the community with daily chores, feeding, bathing,

dressings, and housekeeping.

- ❖ Provided compassionate community respite care to the families of clients with advanced Dementia and Alzheimer's.
- ❖ Organized social and recreational activities for clients including medication management

### **Registered Nurse**

*Lajjiawati Jain Memorial Nursing Institute & Hospital*

*November 2018 to November 2019*

*Raikot, Punjab, India*

- ❖ Administer medications and treatments as prescribed by a physician or according to established policies and protocols
- ❖ Monitor, assess, address, document and report symptoms and changes in patients' conditions
- ❖ Operate or monitor medical apparatus or equipment
- ❖ Develop and implement discharge planning process on admission of patients
- ❖ Teach and counsel patients and their families on health-related issues in collaboration with other health care providers.

### **Front Desk Attendant**

*Dhillon Clinic- Muktsar, Punjab*

*July 2011 to May 2014*

- ❖ Using oral and written communication skills to register the patients
- ❖ Process cash or credit card payments
- ❖ Maintain hard copy records of patient
- ❖ Schedule appointments for new and recurring patients on physician availability.

## **Education**

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### **RPN license**

*College Of Nurses of Ontario*  
*2021*

### **Advanced Health Care Leadership**

*Lambton College - Toronto, ON*  
*2020 to 2021*

### **PSW Certificate**

*Cestar College of Business - Toronto, ON*  
*2020*

### **Standard First Aid & CPR/AED Level C (Blended)**

*Canadian Red Cross*  
*2020 to 2023*

## **Bachelor of Science in Nursing in Nursing**

*Baba Farid University of Health Sciences - Faridkot,  
Punjab 2014 to 2018*

### **Skills**

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- Dementia Care
- Senior Care
- Alzheimer's Care
- Caregiving
- Medication Administration