

Amandeep Kaur
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Professional Summary

Compassionate Support Worker with clinical experience in palliative and end-of-life care. Trained in providing holistic support for patients and families with a focus on dignity, comfort, and quality of life. Experienced in delivering personal care, companionship, and emotional support. Knowledgeable in patient observation, safety protocols, and interdisciplinary collaboration. Committed to culturally sensitive, client-centered care in both homes and facilities.

Key Qualifications

- Support Worker with international clinical training as a licensed Ayurvedic physician
 - Experienced in providing palliative care including hygiene, skin care, meal preparation, transfers, and companionship
 - Comfortable supporting patients and families during end-of-life care with compassion and sensitivity
 - Skilled in observing and reporting changes in patient condition to nursing staff
 - Trained in CPR, First Aid, infection control, and safe body mechanics
 - Fluent in English with excellent interpersonal and communication skills
 - Committed to upholding patient privacy, dignity, and culturally competent care
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Certifications

- CPR & First Aid (Adult/Infant/Child) – New Life CPR | 2023–2026
 - Phlebotomy – Completed March 2025
 - Medical Terminology – Canadian Red Cross | Valid through 2035
 - Police Check – Vulnerable Sector (Current)
 - Valid Ontario G2 Driver's License
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Professional Experience

Department Manager – Produce Department

Walmart Canada – Oakville, ON | Jul 2024 – Present

- Lead and supervise all Produce Associates to ensure smooth daily operations and excellent customer service.
- Maintain strict hygiene, sanitation, and safety standards to ensure a clean and hazard-free workspace.
- Assist customers with patience and empathy, addressing needs in a calm and professional manner.
- Manage inventory control, ordering, and merchandising to maintain product quality and minimize waste.
- Conduct department orientation and training for new staff on safety procedures and company standards.
- Inspect produce quality, monitor temperature logs, and ensure compliance with food safety regulations.
- Coordinate with management team to achieve sales goals, maintain displays, and ensure customer satisfaction.
- Maintain a clean, organized, and safe work environment while supporting store-wide initiatives.

Personal Support Worker

Private Home – Ancaster, ON | Jan 2024 – Apr 2024

- Provided personal care, including bathing, grooming, dressing, and toileting for a palliative patient
- Offered companionship and emotional support to enhance comfort and well-being
- Assisted with meal preparation and light housekeeping duties
- Monitored changes in physical/emotional status and reported to healthcare provider

- Ensured a safe, clean, and respectful environment tailored to the client's needs

Emergency Medical Officer Intern

Shaheed Kartar Singh Sarabha Ayurvedic Medical College & Hospital – Ludhiana, Punjab | 2022 – 2023

- Assisted in caring for terminal and critically ill patients
- Monitored vital signs, administered medications, and provided end-of-life support
- Collaborated with nurses and doctors in palliative care protocols
- Maintained records and respected patient confidentiality

EMO/Junior Doctor – Part time

Shri Krishna Charitable Hospital – Ludhiana, Punjab | 2021–2022

- Assisted with patient care including CPR and medication administration.
- Recorded vital signs and managed patient discharge processes.
- Collaborated with the healthcare team to ensure optimal patient outcomes.

Medical Observer - Volunteer

Guru Nanak Sahib Educational Society – Ludhiana, Punjab | 2021–2022

- Conducted health assessments for schoolchildren.
- Educated students on hygiene and nutrition.
- Promoted public health measures during the COVID-19 pandemic.
- Patient documentation & confidentiality
- Cultural sensitivity & professionalism

Education

Graduate Certificate – Healthcare Administration & Service Management

Conestoga College, Kitchener, ON | 2023 – 2024

Bachelor of Ayurvedic Medicine and Surgery (BAMS)

Guru Ravidas Ayurved University, Hoshiarpur, Punjab | 2016 – 2023

Skills

- Palliative care and end-of-life support
- Personal hygiene and ADL assistance
- Client-centered communication
- Companionship and emotional support
- Safe patient transfers and mobility support
- Light housekeeping and meal prep
- Vital signs monitoring and reporting
- Interdisciplinary collaboration

Availability

Available to work flexible hours, including weekends and holidays.