

# AAYUSI PATEL

Etobicoke, ON | 647-685-1031 | patelaayushi736@gmail.com

## PROFESSIONAL SUMMARY

Compassionate and reliable Personal Support Worker (PSW) with over 2 years of experience providing high-quality care in home care, retirement homes, and community settings. Skilled in assisting with activities of daily living (ADLs), mobility support, infection control, and emotional support. Strong communicator with proven ability to collaborate with healthcare teams to deliver safe, patient-centered care. Fluent in English, Gujarati, and Hindi.

## CORE SKILLS

Personal Care & ADLs, Mobility Assistance & Transfers, Infection Control & Hygiene, Dementia & Elderly Care, Care Plans & Documentation, Client Safety & Fall Prevention, Emotional & Companionship Support, Team Collaboration

## WORK EXPERIENCE

### Personal Support Worker – Just Like Family, Etobicoke, ON

August 2024 – Present

- Assisted clients with bathing, grooming, dressing, and toileting.
- Supported safe mobility, transfers, and positioning as per care plans.
- Provided companionship and emotional support to reduce isolation.
- Observed and reported changes in client condition.
- Maintained a clean and safe environment.

### Personal Support Worker – Lion Healthcare, Lindsay, ON

February 2025 – April 2025

- Provided personal care and hygiene assistance while maintaining dignity.
- Supported mobility and daily routines to promote independence.
- Documented care activities and communicated with healthcare teams.
- Followed infection prevention and safety protocols.

### Personal Care Assistant – Lion Healthcare, St. Mary, ON

May 2024 – August 2024

- Assisted residents with activities of daily living ensuring comfort and safety.
- Maintained infection control and hygiene standards.
- Reported changes in residents' physical or emotional condition.
- Provided emotional and social support.

### Personal Support Worker – Princess Gardens Retirement Home, Peterborough, ON

September 2024 – December 2024

- Assisted residents with personal care while promoting dignity and independence.
- Supported nutrition and hydration needs.
- Communicated effectively with residents and care staff.
- Provided emotional and social support.

### Personal Support Worker – CBI Health, Peterborough, ON

June 2023 – December 2023

- Supported clients in home and community settings.
- Encouraged independence while ensuring safety.
- Monitored and reported changes in client condition.
- Performed light housekeeping.

## **EDUCATION**

Health Care Administration & Management (Nursing Leadership) – Conestoga College, ON (Jan 2024 – Aug 2024)

Personal Support Worker (PSW) – Fleming College, ON (May 2023 – Dec 2023)

Bachelor of Nursing – Karnataka, India (Sep 2018 – Aug 2021)

## **CERTIFICATIONS**

PSW Certification, CPR & AED, First Aid, Vulnerable Sector Check, Mask Fit Testing, TB Test Clearance, Annual Flu Shot, COVID-19 Vaccination