

AHENKORAH ESTHER DUROWAA

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PROFESSIONAL SUMMARY

I am a dedicated and compassionate midwife with about a year's experience providing comprehensive care to mothers and newborns. I have the ability to manage deliveries, educate patients, and collaborate effectively within a healthcare team. Experienced in counselling and care support having served as a social welfare support for a year by assisting in providing emotional and therapy support focusing on couples, families and abused victims. I am passionate about public health advocacy and improving access to healthcare services for all. Eager to leverage my strong clinical skills, communication abilities, and commitment to patient well-being to contribute to a high-performing healthcare team

SKILLS

Personal Care: Assist clients with activities of daily living (ADLs) such as bathing, dressing, toileting, and grooming, respecting their dignity and privacy.

Medication Management: Administer medications and other treatments as prescribed by healthcare professionals, ensuring accuracy and adherence to protocols.

Vital Signs Monitoring: Monitor clients' vital signs, such as blood pressure, heart rate, temperature, and respiration, and reporting any abnormalities promptly.

Infection Prevention and Control: Maintain a clean and safe environment, adhering to hand hygiene protocols, and utilizing personal protective equipment (PPE) appropriately.

Communication: Communicate effectively and compassionately with clients, families, and healthcare professionals, actively listening and responding to their needs and concerns.

Emotional Support: Provide emotional support and companionship to clients, fostering a sense of well-being and reducing feelings of isolation.

Mobility and Rehabilitation: Assist clients with mobility exercises and activities that promote physical independence and well-being.

Teamwork: Collaborate effectively with other members of the care team to ensure coordinated and comprehensive care for clients

WORK EXPERIENCE

Midwife

June 2025 to Current

Ghana Health Service (Ga East Municipal Hospital) – Kwabenya, Ghana

- Provided comprehensive prenatal care, including physical examinations, health education, and monitoring fetal development.
- Delivered babies, including vaginal deliveries, assisted deliveries, and cesarean sections.
- Managed potential complications during pregnancy and childbirth, such as hemorrhage or pre-eclampsia.
- Provided postnatal care to mothers and newborns, including breastfeeding support and monitoring newborn health.

- Educated mothers on family planning options and collaborated with healthcare professionals to ensure optimal patient outcomes.

Live-In Caregiver

September 2024 to May 2025

Private Residence – Accra, Ghana

- Assisted client with daily personal hygiene, including bathing, grooming, and dressing.
- Supported client with toileting needs and continence management.
- Administered prescribed medications and managed medication schedules.
- Performed basic medical procedures, such as wound care
- Planned and prepared nutritious meals according to dietary requirements and preferences.
- Offered emotional support and encouragement to enhance client’s mental well-being

Support Worker (Part-time)

March 2023 to October 2023

Mother's Care Services – Accra, Ghana

- Provided direct care and assistance to mothers and children, such as bathing, dressing, and feeding.
- Prepared meals and ensured a clean and safe home environment for families in need.
- Offered emotional support and companionship to mothers, promoting mental well-being and coping skills.
- Assisted with household management tasks, including laundry, cleaning, and errands, to alleviate stress for families.
- Reported any concerns about child safety or well-being to the appropriate authorities or healthcare professionals.

Social Welfare Personnel/Support

September 2019 – August 2020

Police Hospital

- Cater to all complaints/conflicts relating to social welfare from couples and families.
- Assist with therapy sessions for individuals and families.
- Assist alleged defiled or abused children and their guardians go through medical examination and counselling

EDUCATION

University of Cape Coast (Cape Coast, Ghana)

October 2024 – Present

- Bachelor of Science in Midwifery

Patang Nursing and Midwifery Training College (Patang, Ghana)

January 2022 –

August 2024

- Diploma in Midwifery

University of Ghana, Legon (Legon, Ghana)

September 2015 – November 2021

- Bachelor of Arts in Psychology

REFEREES

Provided upon request