

Jacklin Dupe Idowu

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Summary

Dedicated Home Care Provider at ST Andrew Terrace with expertise in patient care and health monitoring. Proven ability to build strong relationships with clients while ensuring safety and comfort. Skilled in medication management and effective communication, enhancing overall client well-being and satisfaction. Committed to delivering compassionate support and quality care.

Skills

- Patient care
- Medication management
- Health monitoring
- Physical therapy assistance
- Client documentation
- Customer relationship management
- Team collaboration
- Effective communication

Experience

HOME CARE PROVIDER | 08/2023 - 07/2024

ST Andrew Terrace - Cambridge, Ontario

- Assisted clients with proper exercises and rehabilitation.
- Documented care provided and submitted notes to supervisor.
- Assisted clients with mobility issues by using appropriate transfer techniques.
- Cared for patients by assisting with personal hygiene tasks and completing basic household chores.
- Maintained clean and well-organized environment for client happiness and safety.
- Entertained, conversed with or read aloud to patients to maintain mental health and alertness.
- Checked patients' pulse, temperature and respiration.
- Helped clients stay happy and healthy by providing mental and emotional support.
- Dressed, groomed and fed patients with limited physical abilities to support basic needs.
- Collaborated closely with families to provide support and guidance.
- Planned, prepared or served meals to patients according to prescribed diets.

HEALTHCARE SUPPORT WORKER | 01/2023 - 06/2023

Jodal Health care - Toronto, Ontario

- Maintained clean and well-organized environment for client happiness and safety.
- Monitored clients' activity levels and helped prevent sedentary behavior.
- Organized oral medications for clients following dosage and schedule requirements.
- Reported changes in client condition to administrators, facilitating nursing intervention.
- Assisted with physical therapy exercises under the direction of therapists or physicians.
- Built strong and trusting rapport with clients and loved ones.
- Helped maintain a clean and safe environment for patients.
- Ensured that all medical equipment was properly maintained and cleaned.
- Developed strong and trusting rapport with patients to facilitate smooth, quality care.
- Conducted home visits to assess patient needs and provide follow-up care instruction when necessary.

- Assisted in patient transfers, utilizing proper body mechanics and safety protocols.
- Monitored health and well-being of clients and reported significant health changes.
- Helped clients get in and out of beds and wheelchairs.

Education and Training

Private Career College - Montreal, QC

Vocational Education, 10/2022

Certifications

- CPR /FIRST AID
- CERTIFICATE OF VOCATIONAL TRAINING

Languages

English:

Professional

